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**Zwig's Great New Album
By Bruce Von Stiers**

Some performers have interesting day jobs. One of the most interesting day jobs I've seen for a performer is as a psychoanalyst. This is the day job for indie folk rocker Adam Zwig. When he isn't touring the US or Europe, Adam does research, conducts workshops and does private consultations in his field of psychoanalysis. During the '90's, Adam wrote several things that were published by Lao Tse Press, including *Stress and Dreams* and *Biochemistry of Emotion*.

But Adam's main passion is his music. He has just recorded and released his third album. This album is titled *Cast Iron Letters*. The album is being released on the Conscious Records label.

Cast Iron Letters was produced by Jonathon Plum and Adam. Plum has done production work with great bands like Pearl Jam and Alice In Chains. Aside from producing this album, Plum also does backing vocals and bass on one of the songs.

Brandon Harper is the drummer for the album. He has been part of such eclectic bands as Elf Farm Raffle. Joe Carolus plays the piano, B3 and accordion for the album. Carolus is a staple in the Seattle music scene, having recorded an album with The Tailgunners, and is the host of a great kids radio show, *Kids and the American Dream*.

Joe Doria also plays the B3 on the album. Doria is both a rock and jazz pianist and

organist. Tim Hanseroth does backing vocals. He is part of Brandi Carlisle's band. Rafe Pearlman does backing vocals on one of the songs. He has worked on such eclectic recordings as the Lord's Prayer in Aramaic for an album called Healing The Holy Land. And Paul Brainard is on pedal steel. He can be found playing clubs in the Portland , Oregon area.

Castaways starts out the album. It begins gentle with some nice steel guitar. Adam gives the listener a smooth and easy sound.

The second song is a kind of strange tongue in cheek piece called Who Killed Michael Vaughn?

Once A True Love is a kind of Neil Young styled song, only with smoother vocals.

It's All Gonna Fall is a Lou Reed talking / rap type of tune. Later on in the album there is an acoustic version of the song.

I Think He Understands is a nice Americana paced song.

Darken Days is a too cool tune that reminded me of Tom Petty. Slick organ, tough guitar and smooth, understated vocals make this a great song. It is probably my favorite song on the album.

On The Seas has some really cool drums and steel pedal.

Eagle Coat and Morning On Dover Road are both good songs on the album.

I Don't Think About You is a haunting love lament.

False Messiah has a touch of the Delta Blues.

I also really liked Freedom Flashing. It made me think a bit of Bob Dylan.

I hadn't heard the music of Adam Zwig

before this album. Now I wonder why. He has immense talent with his vocals, songwriting and guitar playing. With songs like Darken Days and Freedom Flashing, Zwig is bound to become a force on the music scene. This is a musician who could give up his day job with no problem.

You can grab a copy of Cast Iron Letters through sources like iTunes, amazon.com and other online and traditional music retail outlets.

Check out Adam's web site to listen to tracks from the album. You'll find the site at www.adamzwig.com